



NORTH WALES REGIONAL ATHLETICS COUNCIL  
MINUTES OF THE MEETING HELD ON FRIDAY 30<sup>th</sup> NOVEMBER 2018

**Present:** P. Brooks (P.B.), D. Davies (D.D.), J. Hatton (J.H.), K. Hatton (K.H.), S. McCormack (S.M.), C. Backshall (C.B.), B. Edwards (B.E.), M. Green (M.G.), R. Frost (R.F.), D. Harris (D.H.), B. Harris (B.H.), R. Mackey (R.M.), D. Edwards (D.E.) and J. Messum (J.M.).

**Apologies for Absence:** D.A. Williams, L. Davitt, A. Lewis, M. Blake, D. Doyle, A. Bowyer and E. Brewer.

**1.0 Presentation by John Messum: London Mini Marathon**

J.M. spoke on the proposed new formula for selection to the event: now under the auspices of Welsh Athletics (previously under Welsh Schools A.A.), athletes will be chosen from the development scheme and invited to track races set up for the purposes of selection. In the North, this will take place on January 2nd at Deeside. The races will be of 3km, for boys and girls, aged U/13, U/15 and U/17; the event will be a time trial only; qualified timekeepers and track judges will officiate, but this will not be held as a Licenced meeting and the times will not appear on Power of Ten. The winner in each age-group in each Region will be automatically selected, plus the next four “fastest losers” across the four Regions – two to complete the team of six and two as reserves. J.M. also reported that Chris Jones has now been appointed as Head Coach of Welsh Athletics.

**2.0 Chair’s Address:** K.H. reported (a) she congratulated P.B. on being given the Award of Honour by Welsh Athletics, for over 25 years of service to the sport (b) she congratulated Russell Bentley and Anna Bracegirdle on winning the Snowdonia marathon and Martin Green who was runner-up (c) she also spoke on the Abergele 5 miles race (d) she congratulated the eight athletes from the North that had competed for W.M.A.A. in the Masters’ International cross country event (e) The annual grant from Welsh Athletics has now been received (f) Chris Yorke has resigned from representing the Region on the General Council and asked Clubs to seek a volunteer to replace him.

**3.0 Minutes of the last meeting and Matters Arising:** (previous minutes in italics): Accepted as a true record.

**3.1 4.1 (e)** Replace Ynys Month with Ynys Mon.

**3.2 5.0** the question of College/University students qualifying for North Wales was debated and it was agreed that such students may enter the North’s championships, but would not qualify to represent the Region unless it can be proven that they have completed nine months continuous residence.

**3.3 7.2.3.** Should read Coleg Cambria not Cymru.



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**3.4 10.0** This meeting is not the A.G.M.

**4.0 Treasurer's Report:**

**4.1** D.D. gave a comprehensive report on recent expenditure and income, with details of the balance as at today's date.

**4.2** It was agreed that the Region will pay the costs of coaches for the Y.D.L. team and the affiliation fees to that league in 2019.

**4.3** The letter to change the account's name from N.W.R.A.B. to N.W.R.A.C. was signed at the meeting ready to be sent to the Bank. S.M. asked if the Bank will still accept cheques made out to N.W.R.A.B.? K.H. agreed to add this request to the letter.

**5.0 Regional reports:**

**5.1 Track and Field:**

**5.1.2** B.F. led a discussion on the letter sent by Hedydd Davies regarding problems at the Inter Region championships held at Brecon. It was agreed that the meeting supported the return of the event reverting to the previous staging on an annual rota around the Regions and that there should be no omission of any age-groups.

**5.1.3.** (a) C.B. reported on the Clubs Conference held in Cardiff and that there was a possibility of such being held in the North. It was agreed to add this to the agenda of the next meeting. (b) A review of the facilities is to be held regarding the Indoor Facility at Coleg Cambria and that there was a possibility of moving both the start of the sprints at the Indoor Championships (I.C.) and the shot putt circle. Additional events in the I. C. will be included in open meetings at Sport City. These will be 200m, 300m and 600m and will take place early next year. The new runway for pole vault has arrived and is now in use. The Licence for the I.C. is now in place and entry forms for the event will be available through the Welsh Athletics link and will appear on our Facebook page.

**5.2. Cross Country/Road:**

**5.2.1** R.F. presented a written report on Cross Country (a) attendance at the 3 League meetings held so far (b) The Cross Challenge events : (i) at Cardiff, Samia Jones 2<sup>nd</sup> U15 girl, Oliver Barbarosi 3<sup>rd</sup> JM, Charlie Hulson 1<sup>st</sup> SM and Cari Hughes 3<sup>rd</sup> JL. (ii) at Milton Keynes, Matthew Willis 1<sup>st</sup> JM (iii) at Liverpool, Cari Hughes 1<sup>st</sup> JL (c) medals won at the Masters' International, including Emyr Davies winning a gold M75 team and individual silver medals. (d) the Inter Region championships to be held in Llandrindod Wells next month; the event will act as trials for selection to Wales teams at two internationals fixtures early next year.



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**5.2.1. (Ctd.)** (d) the Regional championships are to be held at Rhug on 5<sup>th</sup> January and will incorporate the final fixture of the Junior League.

**5.2.2** M.G. reported that Wales will be asking for expressions of interest in representing the country at the Barcelona half marathon and the Armagh 3km and 5km races. The next meeting of the joint committee is on 3<sup>rd</sup> December.

**5.2.3** P.B. reported that (a) at the Abergele 5 miles race, Mike Roberts and Sarah Livett had won the Regional championships and in the Inter County match held within the race, the Region had comfortably won the men's team event. (b) four development athletes have been selected for the Alsager 5 miles in February and a men's and women's team would be selected for the Knighton 20 miles relay race in March. (c) He had selected the strongest team available for the Telford 10km race on December 9<sup>th</sup>.

### **5.3 Mountain and Fell/Trail:**

Arwel Lewis had sent a written report on (a) the selection policy for representing G.B. in 2019 (b) he is organising the British and Irish junior mountain running championships, followed by the British senior championships, at Betws y Coed on 21<sup>st</sup> September 2019; this will be the trial event for G.B. representation at the World championships. (b) The trial race for the G.B. team at the World Long distance championships will be the Snowdonia trail marathon at Llanberis on 14<sup>th</sup> July 2019. (c) He asked that the meeting approve that the Regional Mountain running championships will be held at the Elidir Fawr race on Sunday 14<sup>th</sup> September; this was agreed. (d) The Moelwyns race will be the single Welsh trail running championship event next year, but will count in the G.B. championships. (e) A Welsh Athletics trail meeting will be held on 11th December in Rhayader.

### **6.0 Development Officers:**

**6.1** Eva Brewer had sent a written report covering (a) Chris Eghill (Colwyn Bay), Neil Edwards (Deeside) and Dave Edwards (Wrexham) are the newly appointed Club Chairs. (b) the Clubs Conference in Cardiff (c) social running project in Wrexham and supporting Run Leaders (d) Park Runs (e) Regional courses: details of venues and dates (f) closing dates for applications for grants from the Community Chest.

**6.2** B.E. reported on (a) British Athletics is planning a new scheme for development in track and field (b) a survey of schools found the split in sexes was 43% of boys and 42% girls taking part in athletics (c) Primary schools cross country events has been held (d) A safeguarding course is to be held on 26<sup>th</sup> January in Coed y Brenin (e) details of new Foundation days at Deeside are now on the Welsh Athletics website.



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**7.0 Officials Secretaries:**

**7.1 Endurance:** P.B. reported on the meeting of 23<sup>rd</sup> September, covering (a) courses are to be arranged in 2019 for new referees and adjudicators and as refreshers for existing officials (b) the rule banning athletes from running with dogs is to be reinstated in the next UKA Rulebook (c) Run Britain is conducting a review of Licencing and Medical standards (d) all Licences for Fell/Mountain events are now issued through the Cardiff office (e) West are looking for a Regional Licence co-ordinator.

**7.2 Track and Field:** D.H. reported that (a) there are now 10 more endurance officials than last year (b) a starter/marksman course was held in Wrexham, with five attendees.

**8.0 Welsh Athletics A.G.M.:** D.E. and D.H. had attended and reported that (a) directors will now be limited to two terms of office of three years (b) Ron Odunaiya has now completed his term of office (c) Carol Anthony will be invited to our next meeting, or to one in March/April.

**9.0: Regional Development Plan:** K.H. proposed that the Regional Constitution be added to the Development Pan; this was agreed.

**10.0: A.O.B.:** (a) J.H. asked the meeting to note that overflow parking for the Conwy park run is now available in the Industrial Estate.

**10.0: Date and Venue of the next meeting:** The next meeting will be held at Eirias Park Leisure Centre on Friday 15<sup>th</sup> February, commencing at 19.00.